

FALL 2018 AQUATIC BROCHURE

Registration Starts Tuesday August 21, 2018

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Register online: www.bgcdurham.com







Eastview Unit 433 Eulalie Ave, Oshawa L1H 2C6 905-728-5121 ext. 228

9	Swim Kids 1		
	Monday	5:30pm*	
	Tuesday	6:30pm	
	Wednesday	5:30pm	
	Thursday	5:30pm	
	Sunday	10:00am	

Swim Kids 2		
Monday	5:30pm*	
Tuesday	5:00pm	
Wednesday	5:30pm	
Thursday	5:00pm	
Saturday	9:30am *	
Sunday	10:30am	

Swim Kids 3

Monday	6:30pm
Tuesday	6:00pm
Wednesday	6:00pm
Thursday	5:00pm *
Saturday	9:30am *

Swim Kids 4

Monday	6:30pm
Tuesday	6:30pm
Wednesday	6:00pm
Thursday	5:00pm *

NOTE: * Asterisk indicates class is combined with another level

(Ages: 5-12 years old)

Swim Kids

Swim Kids 5/6

Monday	5:30pm
Tuesday	5:45pm
Thursday	5:00pm
Saturday	9:30am

Swim Kids 7/8

Tuesday	5:00pm
Wednesday	5:45pm
Sunday	10:45am

Swim Kids 9/10

Monday	6:15pm
Thursday	5:45pm
Sunday	10:00am

Private / Semi-Private Swim Lessons

Monday	5:30pmx2 6:30pm
Tuesday	4:30pm 5:30pm x3
	6:00pm x2 6:30pm x2
Wednesday	5:00pm x2 5:30pm
7	6:00pm
Thursday	5:00pm 6:00pm
Saturday	9:30am x3 10:00am x4
	10:15am 10:30am
	10:45am 11:00am
	11:15am 11:30amx3
	11:45am 12:00pm x2
Sunday	10:00am
	10:30am
R/	11:00am
	11:30am

Fall 2018 Aquatic Information

Session Dates:

Day:	Start	End	Cancellations
Monday	Oct. 15th	Dec. 10	(9 weeks)
Tuesday	Oct. 9	Dec. 11	(10 weeks)
Wednesday	Oct. 10	Dec. 12	(10 weeks)
Thursday	Oct. 11	Dec. 13	(10 weeks)
Saturday	Oct. 13	Dec. 15	(9 weeks)
Sunday	Oct. 14	Dec. 9	(9 weeks)

Program Costs:

Group Swim Lessons: \$79.20 (9wks) / \$88.00 (10wks) Club Members: \$73.80 (9wks) / \$82.00 (10wks) Private Lessons: \$225(9wks)/ \$250(10wks) Semi–Private Lessons: \$148.50 (9wks) / \$165 (10wks) Adapted Aquatics: \$101.25(9wks) /

\$112.50 (10wks) Adapted Aquatics Program Sponsored by:



Facility Rentals:

Book your birthday party or special event with the Boys & Girls Club. We have a pool, gym, rock climbing wall and games room to choose from!

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Swim Preschool (Ages: 3-5 years old)

Parent & Tot (Ages 4—36 months)		
Saturday	9:30am	
Sea Otter		
Monday	6:00pm	
Thursday	5:30pm	
Saturday	10:30am	

Salamander

Monday	6:00pm
Wednesday	5:00pm*
Thursday	5:30pm
Saturday	10:30am*

Sunfish

Wednesday	5:00pm*
Thursday	6:00pm
Saturday	10:30am*

RED CROSS SWIM SPORTS! (Cost: \$100)

Participate in Aquatic Activities such as Underwater Hockey, Water Polo, Synchro and many more!

Pre-Requisite: Minimum 9 years + Completed Swim Kids 5 Date/Time: Sunday—11:00am-Noon

Please Bring your child's previous progress card to the **1st lesson** so that the instructor can focus on incomplete items.

Aquatic Leadership (Ages: 10 years old plus)

Canadian Swim Patrol (Cost: \$100) Pre-Requisite: Minimum 10 years + Completed Swim Kids 7 Date: Wednesday Oct 10—Dec 12, 5pm—5:45pm

Bronze Star (Cost: \$100)

Pre-Requisite: Minimum 12 years old + Completed Swim Kids 10 Date: Saturday Oct 13—Dec 15, 11am-12pm

Bronze Medallion & Emergency First Aid (Cost: \$175)

Pre-Requisite: 13 years old OR Completed Bronze Star

Date: Sundays Oct 14—Dec 16 9:00am-12:00pm

Bronze Cross & Standard First Aid (Cost: \$230)

Pre-Requisite: Completed Bronze Medallion **Date:** Sundays Oct 14—Dec 16 8:15am-12:00pm

Water Safety Instructor Course (Cost: \$300)

Pre-Requisite: 15 years old, Swim Kids 10 Skills & Strokes, Bronze Cross

Course Date: Saturday's 5-8pm Sept 12-29, Oct 27—Dec 15

Candidates will be required to complete a Skills Evaluation, Online learning and Volunteer teaching as part of the course

Adult Aquatic Programming

Aqua Fitness Classes

\$70 for 10 classes of your choice! You can still pay-as-you-go for \$7.50/class

<u>Times:</u>

Mondays 9:00am & 7:15pm Wednesdays 9:00am & 10:00am Saturday 8:30am

Adult Private Lessons

Adults interested in learning to swim or improve their skills are encouraged to contact the Aquatic Director for available times and further details.

Adapted Aquatics Lessons

These programs are specifically designed for children and youth with special needs, incorporating an adapted approach to swimming lessons based on your child's individual needs and requirements.

GoodLife

FOUNDATION

ADAPTED AQUATICS PROGRAM SPONSORED BY:

Monday	6:00pm
Tuesday	4:00pm x3
	4:30pm x2
	5:00pm x2
Saturday	11:00am x2
	11:30am
	12:00pm x3

General Club Information



After School Program

Runs Monday to Friday, 3:00-6:00 p.m. Includes snack, homework club, arts and crafts, games, gym. Programs run from many locations in the Durham Region. Check website for locations & more details.

Holiday & PA Day Camps

Check front desk for details & schedule

Mission Statement:

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life

> Please See our website for more information! www.bgcdurham.com



