

# FALL 2018 AQUATIC BROCHURE

Registration Starts Tuesday August 21, 2018

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# Register online: www.bgcdurham.com







Eastview Unit 433 Eulalie Ave, Oshawa L1H 2C6 905-728-5121 ext. 228

9	Swim Kids 1		
	Monday	5:30pm*	
	Tuesday	6:30pm	
	Wednesday	5:30pm	
	Thursday	5:30pm	
	Sunday	10:00am	

Swim Kids 2		
Monday	5:30pm*	
Tuesday	5:00pm	
Wednesday	5:30pm	
Thursday	5:00pm	
Saturday	9:30am *	
Sunday	10:30am	

#### Swim Kids 3

Monday	6:30pm
Tuesday	6:00pm
Wednesday	6:00pm
Thursday	5:00pm *
Saturday	9:30am *

#### Swim Kids 4

Monday	6:30pm
Tuesday	6:30pm
Wednesday	6:00pm
Thursday	5:00pm *

### NOTE: \* Asterisk indicates class is combined with another level

# (Ages: 5-12 years old)

Swim Kids

# Swim Kids 5/6

Monday	5:30pm
Tuesday	5:45pm
Thursday	5:00pm
Saturday	9:30am

#### Swim Kids 7/8

Tuesday	5:00pm
Wednesday	5:45pm
Sunday	10:45am

#### Swim Kids 9/10

Monday	6:15pm
Thursday	5:45pm
Sunday	10:00am

## Private / Semi-Private Swim Lessons

Monday	5:30pmx2 6:30pm
Tuesday	4:30pm 5:30pm x3
	6:00pm x2 6:30pm x2
Wednesday	5:00pm x2 5:30pm
7	6:00pm
Thursday	5:00pm 6:00pm
Saturday	9:30am x3 10:00am x4
	10:15am 10:30am
	10:45am 11:00am
	11:15am 11:30amx3
	11:45am 12:00pm x2
Sunday	10:00am
	10:30am
R/	11:00am
	11:30am

# Fall 2018 Aquatic Information

#### Session Dates:

Day:	Start	End	Cancellations
Monday	Oct. 15th	Dec. 10	(9 weeks)
Tuesday	Oct. 9	Dec. 11	(10 weeks)
Wednesday	Oct. 10	Dec. 12	(10 weeks)
Thursday	Oct. 11	Dec. 13	(10 weeks)
Saturday	Oct. 13	Dec. 15	(9 weeks)
Sunday	Oct. 14	Dec. 9	(9 weeks)

### **Program Costs:**

Group Swim Lessons: \$79.20 (9wks) / \$88.00 (10wks) Club Members: \$73.80 (9wks) / \$82.00 (10wks) Private Lessons: \$225(9wks)/ \$250(10wks) Semi–Private Lessons: \$148.50 (9wks) / \$165 (10wks) Adapted Aquatics: \$101.25(9wks) /

\$112.50 (10wks) Adapted Aquatics Program Sponsored by:



# Facility Rentals:

Book your birthday party or special event with the Boys & Girls Club. We have a pool, gym, rock climbing wall and games room to choose from!

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# Swim Preschool (Ages: 3-5 years old)

Parent & Tot (Ages 4—36 months)		
Saturday	9:30am	
Sea Otter		
Monday	6:00pm	
Thursday	5:30pm	
Saturday	10:30am	

#### Salamander

Monday	6:00pm
Wednesday	5:00pm*
Thursday	5:30pm
Saturday	10:30am*

#### Sunfish

Wednesday	5:00pm*
Thursday	6:00pm
Saturday	10:30am*

#### RED CROSS SWIM SPORTS! (Cost: \$100)

Participate in Aquatic Activities such as Underwater Hockey, Water Polo, Synchro and many more!

**Pre-Requisite:** Minimum 9 years + Completed Swim Kids 5 Date/Time: Sunday—11:00am-Noon

Please Bring your child's previous progress card to the **1st lesson** so that the instructor can focus on incomplete items.

# Aquatic Leadership (Ages: 10 years old plus)

Canadian Swim Patrol (Cost: \$100) Pre-Requisite: Minimum 10 years + Completed Swim Kids 7 Date: Wednesday Oct 10—Dec 12, 5pm—5:45pm

#### Bronze Star (Cost: \$100)

**Pre-Requisite:** Minimum 12 years old + Completed Swim Kids 10 Date: Saturday Oct 13—Dec 15, 11am-12pm

# Bronze Medallion & Emergency First Aid (Cost: \$175)

**Pre-Requisite:** 13 years old OR Completed Bronze Star

Date: Sundays Oct 14—Dec 16 9:00am-12:00pm

## Bronze Cross & Standard First Aid (Cost: \$230)

**Pre-Requisite:** Completed Bronze Medallion **Date:** Sundays Oct 14—Dec 16 8:15am-12:00pm

### Water Safety Instructor Course (Cost: \$300)

Pre-Requisite: 15 years old, Swim Kids 10 Skills & Strokes, Bronze Cross

**Course Date:** Saturday's 5-8pm Sept 12-29, Oct 27—Dec 15

\*Candidates will be required to complete a Skills Evaluation, Online learning and Volunteer teaching as part of the course\*

# **Adult Aquatic Programming**

# **Aqua Fitness Classes**

\$70 for 10 classes of your choice! You can still pay-as-you-go for \$7.50/class

### <u>Times:</u>

Mondays 9:00am & 7:15pm Wednesdays 9:00am & 10:00am Saturday 8:30am

### **Adult Private Lessons**

Adults interested in learning to swim or improve their skills are encouraged to contact the Aquatic Director for available times and further details.

# Adapted Aquatics Lessons

These programs are specifically designed for children and youth with special needs, incorporating an adapted approach to swimming lessons based on your child's individual needs and requirements.

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FOUNDATION

ADAPTED AQUATICS PROGRAM SPONSORED BY:

Monday	6:00pm
Tuesday	4:00pm x3
	4:30pm x2
	5:00pm x2
Saturday	11:00am x2
	11:30am
	12:00pm x3

# **General Club Information**



## After School Program

Runs Monday to Friday, 3:00-6:00 p.m. Includes snack, homework club, arts and crafts, games, gym. Programs run from many locations in the Durham Region. Check website for locations & more details.

Holiday & PA Day Camps

Check front desk for details & schedule

### **Mission Statement:**

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life

> Please See our website for more information! www.bgcdurham.com



